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**Passive vs active restoration to improve soil health of old potato production circles in the Leipoldtville Sand Fynbos, South Africa**

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**Abstract**

Potato production is the main land use in the endangered Leipoldtville Sand Fynbos vegetation type on the west coast of South Africa. Many fields have been abandoned and their restoration is important to conserve this vegetation type. These abandoned fields are subject to wind erosion and have high soil phosphorous levels due to fertilisation. We addressed the question “Does active restoration enhance soil health faster than natural processes?” We selected three sites, all in sandy soils with high soil phosphorous levels (35–63 mg/kg) compared to the surrounding natural vegetation (7–11 mg/kg). Cultivation had ended 5–7 years previously and sites were in different states of recovery. Seven treatments were applied, including planting of indigenous species, an initial rye mix consisting of cereal rye, lupins and serradella, and brush packing using branches from invasive trees packed in a single layer at a density of 50–80% soil cover, in various combinations, as well as a control. Soil samples were collected to determine changes in phosphorous levels using citric acid analysis, organic carbon using the Walkley-Black method, and microbial diversity using Biolog EcoPlates. Due to drought from 2017–2020 the initial rye mix established poorly and had little impact on the soil-P levels. Phosphorous levels decreased over time at two of the sites but increased significantly at Site 3, adjacent to active croplands. Organic carbon increased over time at Site 2 and Site 3. At Site 1, with the least natural plant cover, organic carbon only increased in the treatments that included brush packing. At all sites there was a significant increase in soil microbial diversity, but at Site 1 it was better in treatments with brush packing.

There was an improvement in overall soil health over time. Abandoned fields with the least natural cover benefited most from restoration actions.

**Introduction**

The Fynbos biome is recognized as one of the global hotspots of diversity. It ranks among the world's 25 most threatened biodiversity hotspots (Mittermeier et al. 2011). Vast expanses of this once-pristine habitat have succumbed to permanent agriculture, with crops, potatoes, and rooibos tea plantations replacing

natural vegetation. The biome's transformation is further exacerbated by inappropriate fire management practices, livestock grazing, invasion by alien plant species, and overexploitation of natural resources (Mucina and Rutherford 2006).

Leipoldtville Sand Fynbos is an arid, endangered ecosystem with a mediterranean climate and acidic, sandy soils (Mucina and Rutherford 2006). Less than 45% of its natural vegetation remains, the rest is cultivated lands of which 27% is under pivot irrigation and used for potato production. As input costs rise and soil diseases proliferate, many of the fields are being abandoned and left to recover through natural succession, which is a very slow process in drylands. The abandoned fields are prone to wind erosion and years of fertilisation has led to high soil phosphorous levels compared to the surrounding natural vegetation. These high phosphorous levels inhibit the establishment of Fynbos species (Hawkins et al. 2010), since Fynbos soils are acidic and nutrient-poor, especially in terms of nitrogen and phosphorous levels (Richards et al. 1997). Therefore, some form of active restoration is necessary to ameliorate the soil condition, reduce wind erosion, and initiate the establishment of natural vegetation.

We addressed the question “Does active restoration enhance soil health faster than natural processes?”

### **Methods**

The study was done at three sites in the Leipoldtville Sand Fynbos on the west coast of South Africa. This winter rainfall area receives an average annual rainfall of 263 mm. All sites are characterized by deep sandy soils with high phosphorous levels (29–62 mg/kg) and low organic carbon levels (0.07–0.20%) compared to soil phosphorous levels in the adjacent natural vegetation that are below 10 mg/kg. Cultivation ended 5–7 years previously and sites were in different states of recovery.

The same experimental design and layout were implemented at all three sites, following a randomised block design with four replicates and seven treatments, which consisted of a control and a mix of the following treatments:

- 1) To combat the high phosphorous levels an initial rye mix (R), consisting of cereal rye, lupins and serradella, was planted in 2017 and 2018. Minimum soil disturbance was done with a tine implement to prepare the soil, and after sowing, the soil was rolled to ensure good seed-soil contact. Due to a drought in 2017 the planting was repeated in 2018. The plants were cut down and removed before seed set to remove the phosphates from the trial.
- 2) To combat wind erosion, brush packing (B) was done with branches from local invasive trees in 2020, which also provided organic matter. The branches were packed in a single layer at a density of 50–80% soil cover. Wind speed reached 11 m/s at Redelinghuys and Eland's Bay sites, where signs of wind erosion was the most visible.
- 3) Lastly cuttings (P) from three species indigenous to the area were made and planted in the plots to increase the species diversity on the trial.

Composite soil samples were collected at the start (June 2017) and end (October 2023) of the study to determine changes in phosphorous levels using citric acid analysis, changes in organic carbon using the Walkley-Black method (The Non-affiliated Soil Analysis Work Committee 1990), and changes in microbial diversity using Biolog EcoPlates (Lee et al. 2020).

Data was analysed using ANOVA, Fischer's Least Significant Difference test and Principal Component Analysis.

## Results

The study area experienced a drought from 2017 until 2020. This resulted in the poor establishment of the initial rye mix and it had no significant impact on the soil phosphorous levels (plant-available phosphorous). However, the phosphorous levels decreased significantly over time at two of the sites ( $p < 0.01$ ) but increased significantly at Eland's Bay ( $p = 0.0056$ ) (Fig. 1a). There were no significant differences between the treatments for each site over time.

The soil organic carbon (SOC) increased significantly over time at the Eland's Bay and Sandberg sites ( $p < 0.001$ ) (Fig. 1b), with no significant difference between the treatments at both sites. At Redelinghuys, with the least natural vegetation cover on the abandoned land and the worst establishment of planted cuttings, the organic carbon only increased significantly (LSD = 0.0702) in the Brush packing treatment (Fig. 1b).

At all three sites there was a significant increase over time in soil microbial diversity ( $p < 0.001$ ), as seen on the first axis of the PCA, indicating an improvement in the overall soil health (Fig. 2).

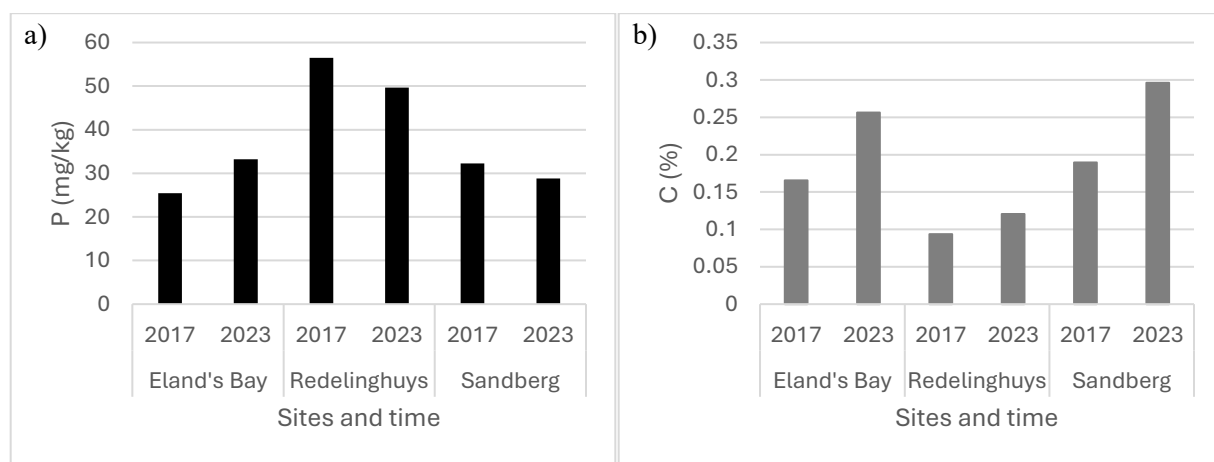


Fig. 1 Soil phosphorous levels (a) and organic carbon content (b) in 2017 and 2023 at Eland's Bay, Redelinghuys and Sandberg sites, South Africa.

## Discussion

Hawkins et al. (2010) found that a cover crop mix of oats and lupins decreased the soil-P levels by 10–30% because of their fast growing rate. In the case of this study, the below average rainfall received in 2017 and 2018 resulted in no germination of the initial rye mix sown in 2017, and a poor growth rate of those plants that did establish in 2018. Therefore, the expected outcome was not achieved. According to Prasad and Chakraborty (2019), soil phosphorous is mostly lost through erosion and not leaching from the soil. At Sandberg soil-P was most probably removed from the soil by the plants established in each of the plots, as it had the best plant cover of all the study sites and no visible signs of wind erosion, with the maximum wind speed less than  $9 \text{ m.s}^{-1}$ . The wind at Redelinghuys and Eland's Bay sites reached a speed of up to  $11 \text{ m.s}^{-1}$ . At Redelinghuys, with visible signs of wind erosion, and the least plant cover, soil-P was lowered over time because of the wind erosion. At the Eland's Bay site, part of the trial area was covered by soil from an adjacent, actively used cropland caused by wind erosion. This is most probably the reason for the increased soil-P over time. The other study sites did not have any active croplands in the surrounding area.

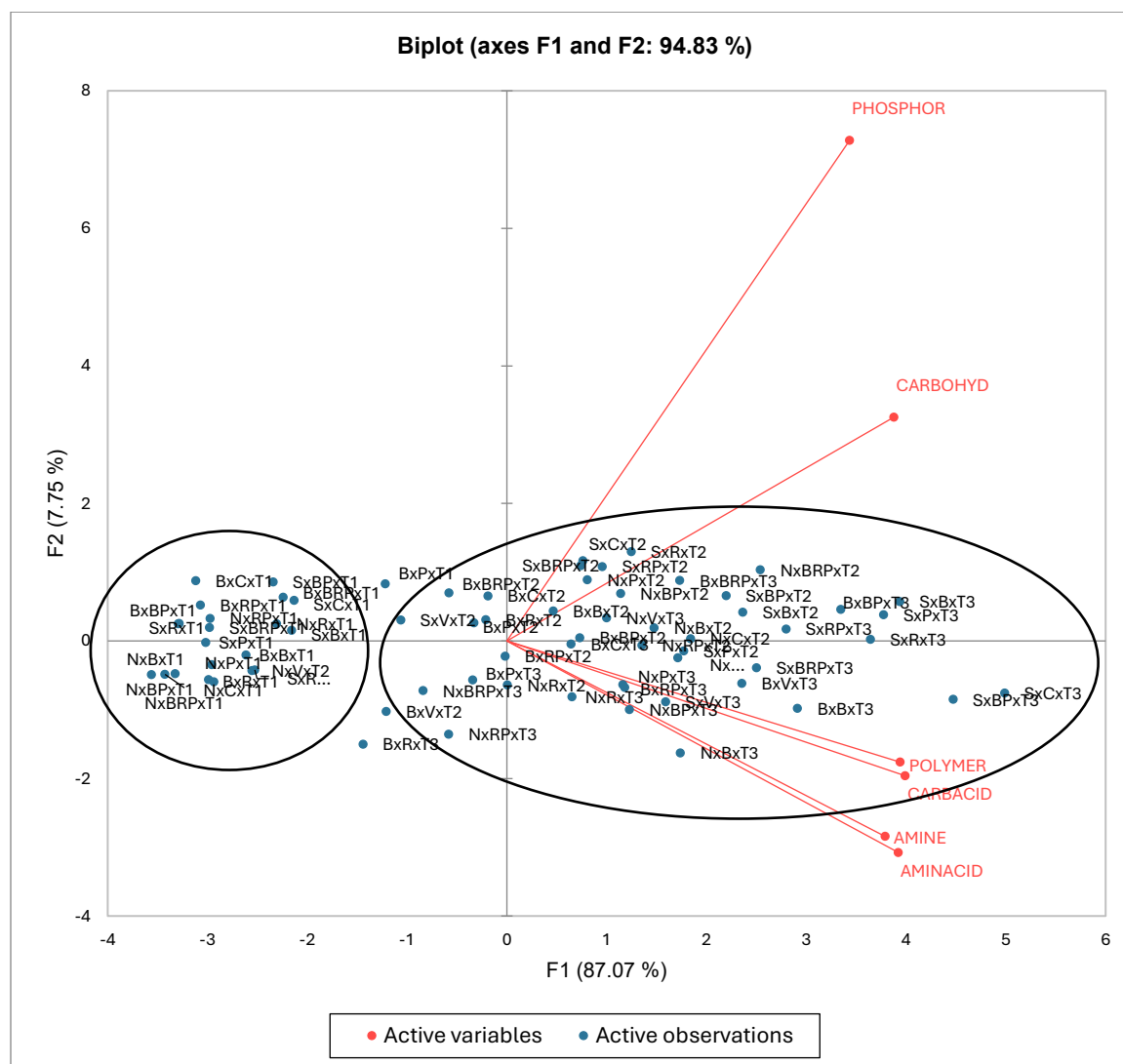


Fig. 2 Principal component analysis (PCA) of soil microbial diversity in 2017 (T1), 2021 (T2) and 2023 (T3) in the different treatments at Redelinghuys (B), Eland’s Bay (N) and Sandberg (S). C = control; B = brush-packing; R = initial rye mix; P = planting indigenous species.

More plants established at Eland’s Bay and Sandberg sites lead to an increase in the SOC in all the treatments over time supporting similar results reported by Qiu et al. (2018). At Redelinghuys the provisioning of branches on the soil assisted in the establishment of plants and an increase in SOC. The increase in SOC can lead to improved soil water retention and in dry areas, such as Leipoldtville Sand Fynbos, can result in improved vegetation growth (Li et al. 2024). This is likely to be beneficial during dry periods as the availability of soil water is a limiting factor in arid ecosystems (Qiu et al. 2018).

The improvement in the soil microbial diversity at all sites indicated an improvement in the soil health. Soil microbes are responsible for the decomposition of organic matter, nutrient transformation, plant health maintenance and the degradation of toxic compounds in the soil amongst others (Lee et al. 2020). This provides ecosystem services essential for humans, such as food production, climate regulation, and the provision of clean water (Adhikari & Hartemink 2016; Pulleman et al. 2012).

### Conclusion/Implications

There was an improvement in overall soil health over time. Abandoned fields, such as the Redelinghuys site with the least natural cover benefited the most from the restoration actions.

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